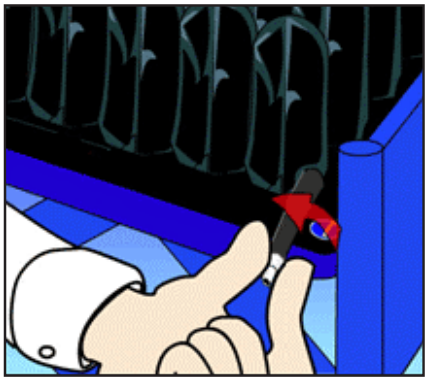
USA 800.736.0925
orders.roho@permobil.com

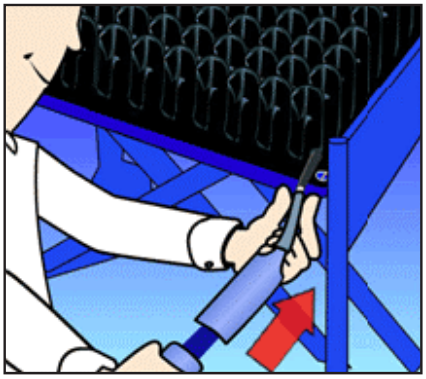
Canada 800.265.9830
sales.ca@permobil.com

How to adjust your ROHO® cushion

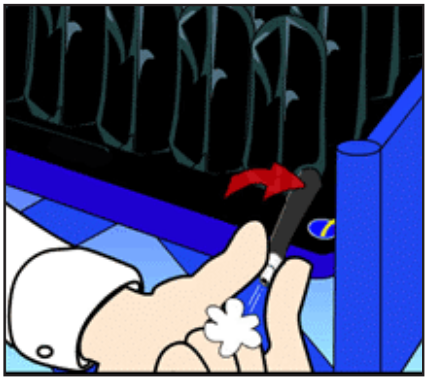
- **ROHO® Single Compartment Cushion (HIGH, MID, LOW PROFILE)**
- **ROHO® Dual Compartment Cushion (HIGH, LOW PROFILE)**
- **ROHO® ENHANCER® Cushion**



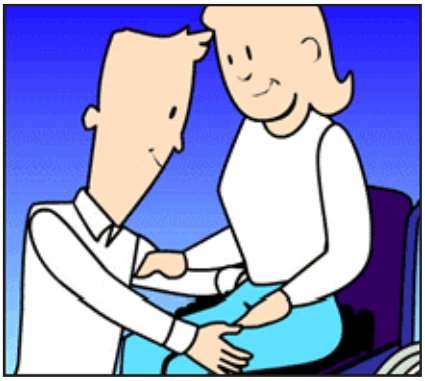
STEP 1 Place cushion on the chair, making sure it is centered with air cells up and with the air valve in front left corner (when the individual is seated). Turn valve **counterclockwise** to open.



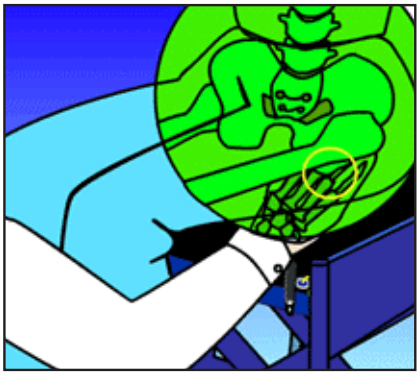
STEP 2 Slide the pump's rubber nozzle over the valve and inflate the cushion until it begins to slightly arch upward.



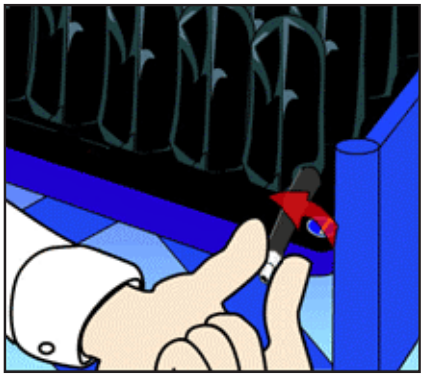
STEP 3 Pinch the pump's nozzle and turn valve **clockwise** to close. Remove pump.
(Repeat steps 1 - 3 for remaining air valves on multi-valve cushions.)



STEP 4 Have the user sit in the chair, making sure the cushion is centered underneath. The individual should be seated in their normal sitting position.



STEP 5 Slide your hand between the cushion's surface and the individual's pelvis. Lift their leg slightly and feel for their lowest bony prominence. Then lower their leg to a sitting position.



STEP 6 Turn valve **counterclockwise** to let out air while keeping your hand under the person's lowest bony prominence. Release air until you can slightly move your finger tips.
Turn the valve **clockwise** to close.

ROHO® Dual Compartment Cushions: To maximize the positioning benefits for individuals with a pelvic obliquity, the side with the lowest bony prominence must be adjusted first. Dual compartments may be used for side-to-side or front-to-back positioning. For those who use front-to-back positioning, adjust the rear section first. Once both adjustments are made, recheck each compartment to ensure proper adjustment.

⚠ **NOTE: DO NOT** sit on an improperly inflated cushion. Under-inflation and over-inflation of the cushion sections reduce or eliminate the cushion's benefits and could increase risk to the skin and other soft tissue. The cushion is most effective when there is 1/2 inch (1.5 cm) to 1 inch (2.5 cm) of air between the user's bottom and the seating surface.