ROHO[®] Dry FLOATATION[®] cushion inflation and adjustment guide

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ROHO cushion inflation

Inflate and adjust the ROHO cushion for a new individual.

- Place the ROHO cushion in the wheelchair with the air cells facing up and the non-skid surface of the cover facing down.
- 2. Slide the rubber nozzle of the hand pump over the inflation valve. Pinch the nozzle, turn to open the inflation valve, and inflate the air cells.
- 3. When all of the air cells are overinflated and the cushion begins to arch slightly, pinch the rubber nozzle of the hand pump and turn to close the inflation valve completely.
- 4. Remove the hand pump.

ROHO cushion adjustment

After overinflating the ROHO cushion, perform a hand check to adjust to the proper cushion inflation setting:

- 1. The individual should sit in their usual position in the chair. The cushion should be centered beneath the individual.
- 2. Perform a hand check:
 - a. Slide your hand between the cushion and the individual. Lift the leg slightly and feel for the lowest bony prominence, and then lower the leg to a sitting position.

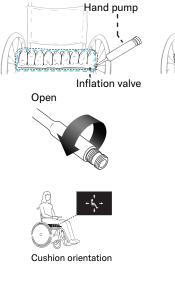
- b. Open the valve to remove air, keeping your hand beneath the individual's lowest bony prominence.
- c. Release air until you can slightly move your fingertips. Close the valve.

Close

Proper cushion inflation setting

 $\frac{1}{2}$ " - 1" (1.5 - 2.5 cm)

Check the inflation level daily by performing a hand check.





Hand check results

Re-adjust the inflation level only as needed (typically every 3-4 months).

- If you can slightly move your fingertips: the cushion is at the Proper Cushion Inflation
 Setting (¹/₂" 1" air between the lowest bony prominence and the seat surface) and no further adjustment is needed.
- If you can easily move your fingertips: there is too much air between the lowest bony part prominence and the seat surface. Open the inflation valve and slowly release air until you can barely move your fingertips, then close the valve.
- If you cannot move your fingertips at all: there is too little/no air between the lowest bony prominence and the seat surface. Open the inflation valve and slowly add air until you can slightly move your fingertips, then close the valve.



Please refer to the Operation Manual for other safety information regarding the ROHO® cushion.

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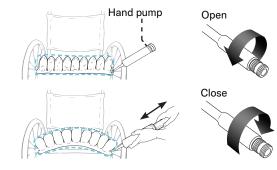
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The ENHANCER Cushion has two separate compartments of air cells. The inner compartment has air cells of different heights, creating a posterior contour for the pelvis and troughs for the upper legs. The outer compartment has air cells for providing lateral/medial postural support. Each compartment has its own inflation valve (inner valve and outer valve) for adjusting the amount of pelvic/thigh contour or the degree of postural support.

ENHANCER Cushion setup

Inflate and adjust the ENHANCER Cushion for a new individual.

- Place the ENHANCER Cushion in the wheelchair with the air cells facing up and the valves at the left front of the cushion.
- 2. Slide the rubber nozzle of the hand pump over one of the inflation valves. Pinch the nozzle, turn to open the inflation valve, and overinflate the air cells.
- 3. When all of the air cells are overinflated and the cushion compartment begins to arch slightly, pinch the rubber nozzle of the hand pump and turn to close the inflation valve completely.
- 4. Remove the hand pump.
- 5. Repeat steps 2-4 for the other compartment.

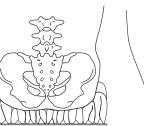


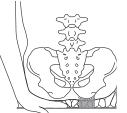
ENHANCER Cushion adjustment

Check the inflation level daily by performing a hand check.

After overinflating the ENHANCER Cushion, adjust to the proper cushion inflation setting:

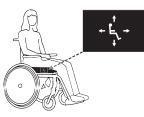
- The individual should sit in their usual position in the chair. The cushion should be centered beneath the individual.
- 2. The outer cells/abductor: Open the inner valve and release air to adjust for comfort and positioning. Close the valve.
- 3. Posterior contour section: Slide your hand between the ENHANCER and the individual and feel for the lowest bony prominence. Open the outer valve and release air until you can slightly move your fingertips. Close the valve.



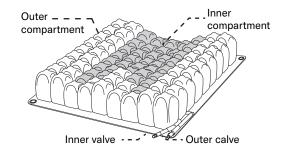


Proper cu 2" - 1" (2"-1"

Proper cushion inflation setting ½" − 1" (1.5 cm − 2.5 cm)



Re-adjust the inflation level only as needed (typically every 3-4 months).



Note: Re-adjust the inflation level of the two compartments as needed to gain the desired support and positioning for the lateral and medial contours, while achieving sufficient immersion, envelopment and protection from the posterior contour.



Please refer to the Operation Manual for other safety information regarding the ROHO[®] cushion.

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The QUADTRO SELECT has four compartments of air cells. When the ISOFLO[®] Memory Control is open, the air flows freely between the compartments. When the ISOFLO is closed, the air is "locked" within each compartment. The inflation level of each compartment can be separately adjusted. This allows you to correct or accommodate side-to-side and/or anterior-posterior asymmetries of the pelvis and upper legs. *NOTE: Before adjusting the cushion for an asymmetry, you MUST adjust the air inflation level to the* proper cushion inflation setting as outlined below.

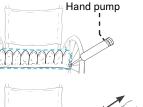
QUADTRO SELECT setup

Inflate and adjust the ROHO QUADTRO SELECT cushion for a new individual.

- 1. Place the Quadtro Select cushion in the wheelchair with the air cells facing up and the non-skid surface of the cover facing down.
- 2. Before inflating, you must open the ISOFLO Memory Control so that all of the air cells will inflate. Push the ISOFLO green knob toward the unlocked position.
- 3. Slide the rubber nozzle of the hand pump over the inflation valve. Pinch the nozzle, turn to open the inflation valve, and overinflate the air cells.
- 4. Remove the hand pump.



Push green knob in





Close

QUADTRO SELECT adjustment

Check the inflation level daily by performing a *hand check*.

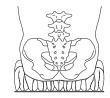
After overinflating the cushion, perform a hand check to adjust to the proper cushion inflation setting:

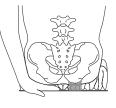
1. The individual should sit in the chair in their usual position. The cushion should be centered beneath

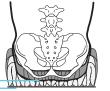
the individual.

- 2. Perform a hand check:
 - a. Slide your hand between the cushion and the individual. Lift the leg
 - slightly and feel for the lowest bony prominence, and then lower the leg to a sitting position.
 - b. Open the valve to remove air, keeping your hand beneath the individual's lowest bony prominence.
 - c. Release air until you can slightly move your fingertips. Close the valve.









Proper cushion inflation setting 1⁄2" – 1" (1.5 cm – 2.5 cm)

Hand check results

Re-adjust the inflation level only as needed (typically every 3-4 months).

- If you can slightly move your fingertips: the cushion is at the Proper Cushion Inflation
 Setting (½" 1" air between the lowest bony prominence and the seat surface) and no further adjustment is needed.
- If you can easily move your fingertips: there is too much air between the lowest bony part prominence and the seat surface. Open the inflation valve and slowly release air until you can barely move your fingertips, then close the valve.
- If you cannot move your fingertips at all: there is too little/no air between the lowest bony prominence and the seat surface. Open the inflation valve and slowly add air until you can slightly move your fingertips, then close the valve.

See reverse side for instructions on how to adjust QUADTRO SELECT for postural asymmetries.

Adjusting a ROHO® QUADTRO SELECT® cushion for positioning

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NOTE: Before adjusting Quadtro Select for an asymmetry, you MUST perform a hand check to adjust the air inflation level to proper cushion inflation setting as detailed on the reverse side of this document.

To correct a reducible (flexible) posterior pelvic tilt (anterior-posterior asymmetry):

- 1. Make sure the ISOFLO Memory Control is open (press green knob in). *FIGURE 1*
- 2. Make sure the pelvis is located at the back of the cushion, in a neutral and upright position. *FIGURE 2*
- 3. Use your hands to create downward pressure on both sides of the pelvis to force air to the front quadrants and create a contour for the pelvis that will help discourage forward migration; close the ISOFLO (press red knob in), and then release the pressure on the pelvis. *FIGURE 3*
- 4. Perform a hand check and make sure there is a minimum of ½ - 1" of air between the ischial tuberosities and the seat surface. *FIGURE 4*



Close Isoflo - Push green knob in



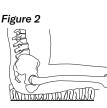


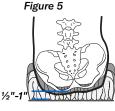
Figure 4

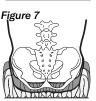
To correct a reducible (flexible) pelvic obliquity (lateral asymmetry):

- 1. Make sure the ISOFLO Memory Control is open (press green knob in). *FIGURE 1*
- 2. Make sure the pelvis is positioned at the back of the cushion. *FIGURE 2*
- 3. Position the pelvis in a neutral and upright position by pressing down on the higher side of the pelvis until the pelvis is level. *FIGURE 6* This will force more air into the quadrant under the lower side of the pelvis to help prevent it from tilting to that side. *FIGURE 7*
- 4. Close the ISOFLO (press red knob in), then release your pressure on the pelvis. FIGURE 3
- 5. Perform a hand check and make sure there is a minimum of $\frac{1}{2}$ - 1" of air between the ischial tuberosity and the seat surface. *FIGURE 8*

Figure 6

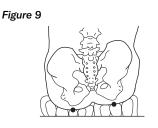
Figure 8

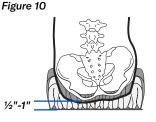




To accommodate a non-reducible (fixed) postural asymmetry:

- 1. Make sure the ISOFLO Memory Control is open (press green knob in). *FIGURE 1*
- 2. Have the individual sit on the cushion in the most upright and midline posture that they can achieve. *FIGURE 9*
- 3. Close the ISOFLO (press red knob in). This will help hold the pelvis in the best posture that is achievable by that individual and prevent further progression into asymmetry. *FIGURE 3*
- 4. Perform a hand check and make sure there is a minimum of ½ - 1" of air between the lowest ischial tuberosity and the seat surface. *FIGURE 8* & 10







Please refer to the Operation Manual for other safety information regarding the ROHO® cushion.