

# Permobil Academy



## Stand for More: Increasing Access with Evidence

**DATE & TIME:**

**LOCATION:**

**CONTACT:**

**PRESENTER:**

### TARGET AUDIENCE

This program is designed for Occupational Therapists, Occupational Therapy Assistants, Physical Therapists, Physical Therapist Assistants, Assistive Technology Professionals, and Medical Suppliers/Providers.

### COURSE OVERVIEW

Over the last several years the media has been littered with articles discussing the negative effects of prolonged sitting and the benefits of moving and standing. Standing desks and terminals now have a strong presence in the workplace, as well as, at home; so why are we still asking our patients to sit. The cost of prolonged sitting has many negative effects for both the able-bodied population as well as our patients/clients. With healthcare costs continuing to escalate due to comorbidities and medical complexities, why are we not looking to standing frames and standing power mobility to assist.

In this course we will review the benefits of standing both medical and functional, the ongoing cost of sitting, and how to utilize the current evidence to support further justification and documentation for standing devices.

**LEVEL—** Intermediate | **INSTRUCTIONAL METHOD—** Synchronous Live On-site or Streaming Lecture /Discussion / Clinical Applications / Demonstration

### CEU OBJECTIVES

By the end of the presentation, participants will be able to:

1. Translate 3 benefits of standing from research to evidence-based practice
2. Debate 2 impacts on healthcare costs due to comorbidities related chronic sitting.
3. Relate 3 evidence-based considerations to identify candidates for power standing mobility.
4. Utilize 3 elements of evidence to strengthen justification for power standing mobility

**AOTA CATEGORY -** OT Service Delivery

## STATEMENT OF CLINICAL RELEVANCE

Content of the activity directly relates to the scope of practice of occupational and physical therapy as defined by the American Occupational Therapy Association (AOTA) and the American Physical Therapy Association (APTA). Visit our website [www.permobilus.com](http://www.permobilus.com) for more details.

## COMPLETION REQUIREMENTS

In order to obtain CEU/CCU credits, participant must attend the 90% of course, sign in and out, and complete an on-line course assessment following completion of the course.

## OUTLINE

Minutes	Topic
10	Introduction/Successful Standing
25	Standing Benefits/Evidence/Justification
15	Consequences of not standing
10	Summary/Reflective Practice

CONTACT HOURS– 1 | CEUS– 0.1

## CANCELLATION AND COMPLAINT POLICIES

Please visit [www.permobil.com](http://www.permobil.com) for the Permobil Academy cancellation and complaint policies.

## ADA STATEMENT

Permobil Academy complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please call 618-222-3603.

## FINANCIAL DISCLOSURE:

All Permobil Academy CEU courses are taught by employees of Permobil, Inc

## QUESTIONS

Please contact:

*This course content is not intended for use by participants outside the scope of their license or regulation.*

*Permobil Academy has state-specific PT board approvals and many states offer reciprocity. To see all state Physical Therapy and other certification approvals for Permobil Academy courses please visit: [State PT Approvals for Live Permobil Academy Courses](#)*



*Permobil Academy is an AOTA Approved Provider of professional development. PD activity approval ID# 5972. This live lecture is offered at .1 CEUs, Educational level: Introductory; Category: OT Service Delivery. AOTA does not endorse specific course content, products or clinical procedures.*

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